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## THE HISTORY AND RISE OF SEX AND LOVE ADDICTION

### HISTORY

- 1946** Otto Fenichel mentions Love Addiction in "The Psychoanalytic Theory of Neurosis" (London 1946).
- 1975** Book "Love and Addiction", by Stanton Peele with Archie Brodsky (Taplinger Publishing Co.) puts a spotlight on love addiction and generates conversation in professional communities.
- 1976** Sex and Love Addicts Anonymous (SLAA) founded in Boston, Massachusetts by a member of AA.
- 1983** The term "Sex Addiction" is coined by Patrick Carnes, PhD in his seminal book on the topic: "Out of the Shadows: Understanding Sexual Addiction." (1983, Minneapolis: CompCare.)
- 1987** The American Psychiatric Association (APA) recognizes Sexual Addiction in DSM-III-r, the revised third edition of its Diagnostic and Statistical Manual of Mental Disorders (DSM).
- 1988** First book for Female Sex and Love Addicts - "Sex, Love and Addiction" by Charlotte Kael
- 1990** First book to specifically focus on Love Addiction - "Is It Love or Is It Addiction?" by Brendt Schaffer
- 1992** ICD-10, the 10th edition of the International Classification of Diseases, produced by the World Trade Organization (WHO), includes "excessive sexual drive" as a diagnosis - subdividing it into subtypes (for men) and nymphomania (for women).
- 1998** National Council on Sexual Addiction and Compulsivity non-profit professional organization with peer reviewed journal and annual national conferences established - like National Council on Alcoholism
- 1998** First book on the evolving problematic juxtaposition of sex and online tech: "Cybesex Exposed" by Robert Weiss, Jennifer Schneider
- 2000** The APA removes mention of Sexual Addiction from the DSM-IV.
- 2005** First book for Gay Male Sex Addicts - "Cruise Control" by Robert Weiss
- 2011** American Society of Addiction Medicine (ASAM) issues public statement defining all addiction in terms of brain function, not just substance dependence. This finally recognizes sex addiction.

### U.S. STATISTICS [1]

IN 2011, NEWSWEEK PUBLISHED A POPULAR AND WIDELY-CITED COVER STORY, "THE SEX ADDICTION EPIDEMIC," IN WHICH IT PRINTED:

- 9 MILLION AMERICANS (3% OF THE POPULATION) MAY QUALIFY UNDER THE STRICT CLINICAL DEFINITION OF "SEX ADDICT."
- PSYCHOLOGISTS SPECIALIZING IN SEX ADDICTION NOW NUMBER OVER 1,500 (UP FROM ABOUT 100 A DECADE AGO).
- 40 MILLION PEOPLE (13% OF POPULATION) ARE LOGGING INTO PORN SITES EVERY DAY.

There's also a great paper overviewing some of the statistics that have been published by different authors on this topic: "The Emergence of Female Sex Addiction: Understanding Gender Differences," Ross Rosenberg, M.Ed., LPC, CADC, 2011. [2]

**THIS PAPER CONCLUDES THAT, TAKING INTO ACCOUNT VARIOUS STUDIES/ESTIMATES, THE NUMBER OF SEX ADDICTS IN THE U.S. IS SOMEWHERE BETWEEN 9 MILLION (3% OF POPULATION) AND 24.5 MILLION (8%).**

- Carnes said 5-8% of Americans are sex addicts.
- The National Council on Sexual Addiction and Compulsivity estimates 6-8%.
- Mary Ann Miller, founder of the Chicago chapter of Sexual Addicts Anonymous (SAA) estimates it at 6%.
- Robert Weiss, LCSW, CSAT-5, Director of Sexual Disorder Services, Elements Behavioral Health says 3-5%.
- The Mayo Clinic says 3-6%.

### MEN VS. WOMEN [2]

**WOMEN ARE LESS LIKELY THAN MEN TO SEEK HELP FOR PROBLEMATIC SEXUAL BEHAVIOR, MOSTLY FOR REASONS RELATED TO SHAME. [3]**

**37.5% OF ALL AMERICAN SEX ADDICTS ARE FEMALE**  
**62.5% OF ALL AMERICAN SEX ADDICTS ARE MALE**

According to Carnes, of all American Sex Addicts, 37.5% are female. Of those seeking help, 20% are female. (Carnes, 1983.)

According to Robert Weiss, 81.2% of those seeking Sexual Addiction treatment are female. (Weiss, 2011.) There's now way to say whether the number has gone down in the last 30 years, or whether it's due to differences in the way the studies were conducted.

### SEX ADDICTION CORRELATIONS [2]

- 83% of Sex Addicts report being sexually abused.
- 97% of Sex Addicts report being emotionally abused or neglected as children.
- 73% of Sex Addicts report being physically abused. [4]

42% OF SEX ADDICTS EARN MORE THAN \$30,000/YEAR, AND 58% ARE COLLEGE GRADUATES. [5]  
 65% OF SEX ADDICTS ARE PROFESSIONALS WITH A COLLEGE AND/OR GRADUATE DEGREE. [6]  
 83% of Sex Addicts have other addictions, such as alcoholism, chemical dependency, eating disorders, compulsive working, and spending or gambling problems. [6]


**SEX ADDICTS' OTHER ADDICTIONS**

- CHEMICAL DEPENDENCIES - 42% OF SEX ADDICTS
- EATING DISORDERS - 38% OF SEX ADDICTS
- COMPULSIVE OVERWORKING - 28% OF SEX ADDICTS
- COMPULSIVE SPENDING - 26% OF SEX ADDICTS
- COMPULSIVE GAMBLING - 5% OF SEX ADDICTS [2]

74% OF CRYSTAL METH ADDICTS SAY THE NUMBER ONE REASON THEY RELAPSE IS SEX. [7]

Sources:

1. <http://www.Medlineplus.com/news/newsweek+admits+the+obvious+american+is+in+the+grip+of+sex+addiction/>
2. "The Emergence of Female Sex Addiction: Understanding Gender Differences," Ross Rosenberg, M.Ed., LPC, CADC, 2011. <http://bit.ly/newsweek>
3. Robert Weiss, (2011) "Can Women be Sex Addicts?" <http://blog.psychcentral.com/sex/2011/07/can-women-be-sex-addicts/>
4. National survey quoted in "Sexual Addiction Questions and Answers" (Golden Valley, Minn.: Golden Valley Health Center, 6-7. <http://www.purehope.net/images/help/Love/Addiction%20 brochure.pdf>
5. USA Today, 2 February 1988, quoted in "Sexual Addiction: Is it the skeleton in your closet?" @Phases III California Treatment Center. <http://www.purehope.net/images/help/Love/Addiction%20 brochure.pdf>
6. National survey quoted in "Sexual Addiction Questions and Answers" (Golden Valley, Minn.: Golden Valley Health Center). <http://www.purehope.net/images/help/Love/Addiction%20 brochure.pdf>
7. <http://www.recovery.com/articles/crystal-meth-sex-addiction.pdf>

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A.A. Big Book, p. ... Narcotics Anonymous Basic Text, Chapter 4/Step 3 ... counterfeit means of trying to meet our basic physical, emotional, and spiritual hungers. I just ordered your book, a single mother I raised my 25 year old son alone and ... Some codependents were neglected, and basic physical needs weren't met. ... Erskine Caldwell Media TEXT ID 12857c5e Online PDF Ebook Epub Library well ... Sex and Love Addicts Anonymous (SLAA) is a Twelve Step/ Twelve Tradition ... Jun 6, 2015 — The SLAA group in our town no longer attempt to read this basic text. The PDF book is great for phones and the Ebook is perfect for tablets, ... "Our message is simple and profound: that recovery from sex addiction is possible through working the Twelve Steps of SAA, and that following this program ... Apr 9, 2011 — Have I used the tool of withdrawal (see SLAA basic text – Withdrawal Chapter)? How can I date soberly? Do I have a sponsor in SLAA? Am I ...

The basic text for the SAA Program, the "Green Book" offers wisdom from the ... Read about the history of SLAA, the first meetings and gain practical advise on ... Sex and Love Addicts Anonymous (SLAA) is open to anyone who believes they have a ... If you have a desire to be free from sex and love addiction, all SLAA meetings welcome newcomers – you can just show up. ... The SLAA Basic Text... Jul 14, 2019 — Conference-approved by S.L.A.A., this book provides insight into the ... The Basic Text for The Augustine Fellowship, Sex and Love Addicts ... Below are links to pdf's of the 7 Core Documents frequently used in SLAA Meeting. (please click on links to download) The Twelve Steps of SLAA The Twelve ...

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SLAA publishes the book Sex and Love Addicts Anonymous. It is approved by the organization for use in their fellowship. In an article regarding the applicability of ... 2017/3-D-1; Several years ago there was an intergroup-sponsored project to get the SLAA basic text into public libraries, which seemed to have focused on San ... SLAA Basic Text · Pamphlets · Meeting Scripts ... The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. ... steps [https://slaafws.org/download/core-files/The\\_Twelve\\_Steps\\_of\\_SLAA.pdf](https://slaafws.org/download/core-files/The_Twelve_Steps_of_SLAA.pdf). Jun 4, 2019 — Praxis Core and SLAA Slides from ETS. Tuesday, June ... VT AOE · PP Slides on CORE and SLLA · 5-8-19.pdf. File Format: ... Crisis Text Line ...

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<https://slaafws.org/download/core-files/Signs-of-Recovery.pdf>. Although I would encourage you to support the fellowship and purchase the SLAA basic text. ... Fill Slaa Basic Text Pdf. Edit online. Sign, fax and printable from PC, iPad, tablet or mobile with pdfFiller ✓ Instantly. Try Now! Sex and Love Addicts Anonymous (SLAA) is a Twelve-Step - Twelve Tradition oriented fellowship based on the model pioneered by Alcoholics Anonymous.. Literature is generally available at SLAA meetings, or individuals or groups can ... SLAA Basic Text Online: To buy electronic versions of the S.L.A.A basic text, ...

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Both are available from meetings or the online store. 1) Withdrawal Chapter – S.L.A.A. Basic Text (Chapter 5). ©1985 The Augustine Fellowship, Sex and Love ... Sex Addicts Anonymous – (Green Book) SAA's basic text. The literature you are viewing is a large file and may take a few minutes to load. Those using mobile ... Conference-approved by S.L.A.A., this book provides insight into the problem of sex and love addiction, information on working the 12 steps of S.L.A.A., the ... The Twelve Steps of S.L.A.A. (pdf) · The Twelve Traditions of S.L.A.A. (pdf) · The Twelve ... The S.L.A.A. Basic Text is available at <http://store.slaafws.org>. Oct 24, 2017 — Download full-text PDF · Read full-text · Download ... Poland par cipa ng in Sex and Love Addicts Anonymous (SLAA). Clin Psychiatry 2017, ... recovery practiced in a fellowship and on a foundation of what we call sexual sobriety. (See pp. 191-195.) Our definition of sobriety represents, for us, the basic. 167bd3b6fa

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